

Week 22  
152/213

**Transforming Daily**  
“... *seventy years* ...”  
*Psalm 90:10*

Modern technology in the medical field has brought us some wonderful things. However, nothing in the medical field can extend our lives. Life is a season. God is the author and finisher of our life and faith. His Word says that the average lifespan is 70 years. Some live longer, some not so much. When you take into consideration (just in America not around the world in such places as Africa where AIDS and the Ebola virus continue to ravage parts of that continent) the lives taken through abortion, young lives so tragically lost through a myriad of childhood diseases, traffic accidents, deaths related to drugs and alcohol, etc., one can see how more people are reported to be living longer. However, these statistics (and many others) reflect the average lifespan still to be 70 as the Bible records it.

In my family alone, on my father's side, this average is reflected. My grandfather's first wife, my grandmother, my dad's natural mother, died when she was in her early twenties. Jake, my dad's older brother, died before he was ten. My dad died at the age of sixty-eight (my mother at present is seventy-nine), and my grandfather, my dad's natural father was almost ninety when he passed away.

The point is that it doesn't matter how long you live, it matters what you do with your life as long as you live it. Life, no matter how long it is lived, is just a season. Paul says that it is a "vapor." The prophet Micah says, "He has shown you, O man, what is good; and what does the Lord require of you but to do justly, to love mercy, and to walk humbly with your God?" (Micah 6:8) What matters is how we live before God, if granted by Him, for seventy years.